



STEP TWO: APPLYING BASIC PRINCIPLES OF BOUNDARIES

Worksheet: Applying needs, wants and
Godly principles to create loving
boundaries

List your five goals in order of priority:

[Goal #1] What are the guidelines, rules and limits you need to set in place for you to keep this goal?

Ask yourself,

1. Is this a boundary God would want for me?
2. Am I taking back the boundary of myself?
3. If I am wronged, am I detaching from the sin, not the person?
4. Is this boundary reasonable?
5. Is there anything I could add to make this better?

Re-write your goal if need be:

[Goal #2] What are the guidelines, rules and limits you need to set in place for you to keep this goal?

Ask yourself,

1. Is this a boundary God would want for me?
2. Am I taking back the boundary of myself?
3. If I am wronged, am I detaching from the sin, not the person?
4. Is this boundary reasonable?
5. Is there anything I could add to make this better?

Re-write your goal if need be:

[Goal #3] What are the guidelines, rules and limits you need to set in place for you to keep this goal?

Ask yourself,

1. Is this a boundary God would want for me?
2. Am I taking back the boundary of myself?
3. If I am wronged, am I detaching from the sin, not the person?
4. Is this boundary reasonable?
5. Is there anything I could add to make this better?

Re-write your goal if need be:

[Goal #4] What are the guidelines, rules and limits you need to set in place for you to keep this goal?

Ask yourself,

1. Is this a boundary God would want for me?
2. Am I taking back the boundary of myself?
3. If I am wronged, am I detaching from the sin, not the person?
4. Is this boundary reasonable?
5. Is there anything I could add to make this better?

Re-write your goal if need be:

[Goal #5] What are the guidelines, rules and limits you need to set in place for you to keep this goal?

Ask yourself,

1. Is this a boundary God would want for me?
2. Am I taking back the boundary of myself?
3. If I am wronged, am I detaching from the sin, not the person?
4. Is this boundary reasonable?
5. Is there anything I could add to make this better?

Re-write your goal if need be:

